**General Job Description**

College life has always presented a combination of great possibility and uncertainty. This is even more true this year, as students navigate extraordinary challenges. This program, designed by the RADical Hope Foundation, provides students with an “on ramp” to resources that support their physical, emotional, mental, spiritual, and social well-being. The program empowers students to develop a blueprint for what RADical Health might look like in their lives. As a facilitator, you will support First Year students as they navigate higher education, independent living, community engagement, and more in the age of COVID-19, by providing them with resources, life skills, and a safe space for open discussion. The Radical Health program will cover the following topics:

***Experience 1:* *Staying Well, Staying Resilient***

* Self-Care – Mental and Physical Health
* Stress Management
* Time Management
* Mindfulness and Meditation
* Healthy Habits

***Experience 2:* *Empowering Yourself***

* Self-Awareness
* Emotional Intelligence
* Resource Management

***Experience 3:* *Connecting with Others***

* Communication and Active Listening
* Relationship Building – Healthy Relationships
* Empathy
* Engaging in Productive Conversations

***Experience 4:* *Engaging with the World***

* Service and Citizenship
* Global Exploration
* Discovering your greater purpose

**Please note that the Radical Health program is designed to be a predominantly in-person experience for First Year students. Facilitators must feel comfortable coming to campus to conduct sessions in accordance with the University’s COVID-19 protocols.**

**There will be one or two Radical Health Experience sections that will be conducted in an online format only to accommodate our remote students. If you would like to be considered strictly for one of these online sections, please indicate this in your application.**

**General Overview of Responsibilities and Expectations**

Training & The Radical Health Experience

* Attend **one** of the two (90 minute) facilitator training sessions offered (see dates below)
* Facilitate **four** Radical Health sessions, which meet for approximately 75 minutes over the course of four weeks (see dates below)
* Create and promote an environment of acceptance; exhibit and model respect for diversity
* Support and guide students through navigating COVID-19
* Refer students to appropriate campus partners and share student concerns with the Office of Student Engagement and First-Year Retention Subcommittee
* Be available, approachable, and visible to students
* Complete a very short feedback questionnaire throughout the course of the four-week program, in addition to one final survey at the end of the experience

Required Dates

* ***Facilitator Training:*** Tuesday, Feb. 23rd 12:00-1:30pm *or*Thursday, Feb. 25th 2:30-4:00pm

*\*\*Facilitators must attend* ***one*** *of the two training dates listed above\*\**

* ***Important Note***: The Radical Health series consists of **four sessions, which take place over the course of four consecutive weeks throughout the month of March**. There are four timecodes during which the session will be offered to First Year students. Facilitators must be available during (at least) one of the following timecodes in order to be considered for the position.
  + Mondays, 7:15-8:30pm
  + Tuesdays, 3:30-4:45pm
  + Wednesdays, 10:00-11:15am
  + Wednesdays, 4:30-5:45pm

Qualifications

A Radical Health Facilitator must be able to promote a communal experience among their assigned First Year students. The ideal candidate will bring these experiences, skills, and qualities to the position:

* Must be an active Fairfield University faculty or staff member in good standing
* Bachelor’s degree required; Master’s degree preferred
* Experience working with first-year and new students
* Knowledgeable about campus resources
* Demonstrate an understanding of first-year student transitional challenges
* Contemporary understanding of and commitment to equity, diversity, and inclusion
* Demonstrate skills as an effective presenter and facilitator of dialogue
* Skilled at fostering relationships with and amongst students

Compensation

* Facilitators will receive a $500 stipend in total for their participation in the experience

The duties and responsibilities described herein are not intended to be a comprehensive list. Additional tasks may be assigned to the employee in this role from time to time, and the scope of the job may change as necessitated by business demands.